

DOT CO2 Resurfacing Laser

DOT laser is one of the most successful CO2 resurfacing therapies for treating every type of wrinkle. DOT Therapy allows for individually tailored treatments of the face and neck in total safety, even treating delicate areas like eyelids. The office procedure is effective in addressing scars, superficial pigmentation, deep wrinkles and imperfections.

- Treats fine lines, deep wrinkles, and acne scarring
- Stimulates collagen
- Topical anesthesia is used 60 min prior to procedure. Procedure takes about 20-30 min.
- Strongly recommend PRP to increase outcome of treatment.
- Pre and post treatment medication recommended: Valtrex for cold sore avoidance.
- Products recommended to maintain benefits: SkinCeuticals Vitamin C Serum & Elta MD Elements sunscreen.

PRP (Platelet-Rich Plasma)

We highly recommend adding PRP to your DOT treatment. Platelet-rich plasma is a concentrate of platelet-rich plasma protein derived from your whole blood, centrifuged to remove red blood cells. The **PRP**, injected or infused, into specific areas of the skin, acts as a matrix that promotes your own collagen to grow, regenerates tissue, and thus acts as to naturally smooth and tighten the skin. In this way, PRP softens wrinkles and creating smoother skin texture and tone. It also helps diminish healing time.

Costs:

DOT: Face (without PRP) \$1,200-per treatment / (with PRP) starting at \$1,500 –per treatment

PRP: Face or Scalp starting at \$700 each (per treatment)

Post DOT with PRP

Day of treatment:

- Avene thermal spring water as needed
- No sun exposure
- Do not wash face until tomorrow morning
- If outdoors Avene Mineral sunscreen every two hours

Day after treatment:

- Avene Gentle cleanser twice daily
- Avene Cicalfate twice daily
- Avene Mineral sunscreen every two hours if outdoors
- Avene Thermal spring water as needed
- Avene Tolerance extreme as needed

One week after DOT:

- SkinCeuticals hydrating mask

One month after DOT:

- Call and schedule a follow up evaluation

Post DOT Laser Resurfacing

Day of treatment

- After treatment hydrating mask in office
- Avene thermal spring water as need
- No sun exposure
- Do not wash face
- If outdoors mineral sunscreen every two hours

Day after treatment

- Avene Gentle cleanser twice daily
- Avene Cicalfate twice daily
- Avene Mineral sunscreen every two hours if outdoors
- Avene Thermal Spring water as needed
- Avene Tolerance extreme as needed

One month after DOT

- Call and schedule a follow up evaluation